

Time to fire up the grill for some great summer BBQ

Try this recipe at your next barbeque and serve fresh fruit for dessert. You can find all of these ingredients at your local Walmart store.

Summertime BBQ Pork Chops (serves 4)

4 pork chops (about 1/2-inch thick)

Seasoning:

1 cup paprika
3 1/2 tablespoons sugar
1/2 teaspoon onion powder

BBQ Sauce:

2 cups ketchup
1 cup water
6 tablespoons brown sugar
5 tablespoons white sugar
1 1/2 teaspoons freshly ground black pepper
1 1/2 teaspoons onion powder
1 1/2 teaspoons dry mustard powder
1 1/2 teaspoons paprika
1/2 lemon, juiced
1 teaspoon Worcestershire sauce
1/2 cup apple cider vinegar
1 teaspoon light corn syrup

Directions:

Mix all seasoning ingredients and apply to each pork chop. Place pork chops in a large freezer safe plastic bag. Mix all BBQ sauce ingredients in large saucepan and bring to a boil, stirring to prevent sticking. Once mixture comes to a boil, reduce to a simmer for 2 hours. Pour 2 cups of BBQ sauce onto bagged pork chops and marinate in refrigerator for 8 hours. Place pork chops on grill and cook until internal temperature is 160 degrees F. Reapply BBQ sauce to pork chops prior to serving.



Comments, questions or concerns about our newsletters?

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Walmart
Walmart Stores, Inc.
CAN New York
P.O. Box 23373
Rochester, NY 14692

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SUMMER/FALL 2010

SUMMER IS FINALLY HERE!

Customer Action Network Members, After a long winter and a cool spring, summer is finally upon us! Beat the heat with some tips you'll find in this newsletter and read on to discover new ways Walmart is helping its customers save money so they can live better. Don't forget, you can always contact us at the E-mail and phone number on the back page if you have any questions or comments about CAN.

Have a great summer season!
Walmart Stores, Inc.



HAVE A BALL AT THE BEACH!

A day at the beach is fun for the whole family, but don't let sunburns and strong currents ruin your day. Follow these tips to stay safe and have fun this summer at the beach:

2 Drink plenty of water. When out in the sun, you could become dehydrated quickly without knowing.



4 Sunglasses aren't just for looks! They can protect your eyes from sun damage too. Pick lenses that are dark amber or grey and have 100 percent UVA protection.

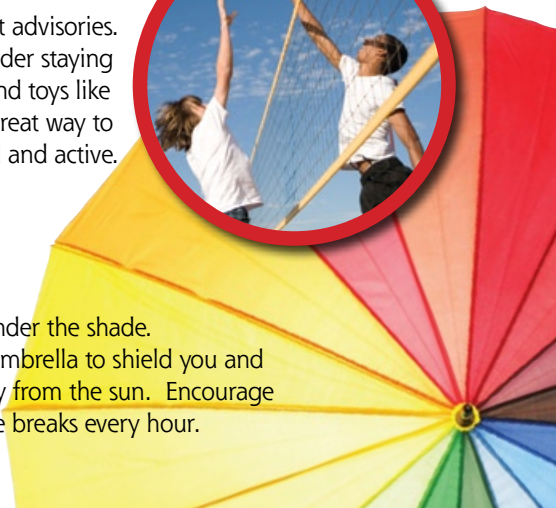


1 Wear plenty of sunscreen and reapply every two hours when sweating or in the water. Aim for a broad spectrum SPF 15 or higher to protect from UVA and UVB rays.

3 Pay attention to current advisories. If the current is too strong, consider staying on the sand. Bringing games and toys like Frisbees® and volleyballs are a great way to keep everyone entertained and active.



5 Relax under the shade. Take an umbrella to shield you and your family from the sun. Encourage kids to take breaks every hour.





Community Counts

Walmart Tackles Nationwide Hunger

Over the next five years, Walmart announced that it will bump up its donations to national food banks totaling \$2 billion. Donations will cover over 1.1 billion pounds of food, refrigerated trucks to transport food to the programs, and will feed school children during the summer when they are not receiving government meals in school.



Walmart Community Votes Encourages Voters to take Action

A new Walmart initiative is encouraging voters to go to the polls this November. With Walmart Community Votes, customers can now learn everything they need to know about their state's voting rules, procedures, and instructions for registering to vote by visiting www.walmartcommunityvotes.com. The program provides community members with valuable election news, dates, and information about their elected officials and candidates, along with links and other information voters need to make informed decisions. Visit the website today to see what you can do to make your vote count!



The Walmart Foundation Makes Donation to SUNY Potsdam Literacy Center

In April 2010, the Walmart Foundation made a \$500 donation to the Rebecca V. Sheard Literacy Center at SUNY Potsdam. The money will be used to support the Center's mission of serving over 200 children annually through an after-school literacy mentoring program led by undergraduate and graduate students mentors.

Kids Cafe Program Receives Walmart Foundation Funding

The Boys & Girls Clubs of Buffalo was awarded a \$30,000 grant from the Walmart Foundation for its Kids Cafe program. The program provides daily, well-balanced meals to members in the club and is designed in the setting of a job. Members apply for a position and receive a paycheck in club dollars. Kids also gain knowledge in areas like proper food handling and food preparation and storage.



Real Estate News

Walmart Announces Plans for West Seneca/South Buffalo Store

Walmart Stores, Inc. has announced it will construct a new store at 2400 Seneca Street in West Seneca, New York. A parcel of the site is located in Buffalo. The new store will be approximately 115,000 square feet and will feature general merchandise and a full-service grocery store under one roof. The store will create approximately 300 jobs for area residents as well as increase tax revenue for the town of West Seneca. The project is part of an effort to revitalize the Seneca Street area.

"Walmart is thrilled to bring savings and convenience to residents of the West Seneca and Buffalo communities," said Alexandra Serra, Senior Manager of public affairs and government relations for Walmart.

The store's grocery section will feature a delicatessen, bakery, dry and frozen goods, meat and dairy departments, and fresh produce alongside over 30 departments of general merchandise. An independent study by Global Insight shows that Walmart saves American families \$3,100 per year regardless of where they choose to shop.

In addition to saving people money so they can live better, Walmart is committed to giving back to the communities it serves. In 2009, Walmart Stores, Sam's Club and the Walmart Foundation gave more than \$9.6 million in cash and in-kind donations to local causes and organizations in the communities they serve in the state of New York.

Walmart currently operates 60 Supercenter, 33 Discount stores and 16 Sam's Clubs in the state of New York and employs 36,718 associates.



Keeping it Green

Walmart Takes the Lead on Environmental Sustainability

At Walmart we believe being an efficient and profitable business goes hand-in-hand with being a good steward of the environment. Here are some examples of how we practice sustainability as a company:

- We are committed to being supplied 100 percent by renewable energy, creating zero waste, and selling products that sustain people and the environment.
- Walmart uses LED technology to light refrigerator cases and outdoor signage. LED lighting is up to 52 percent more energy efficient than fluorescent lighting.
- In 2008, Walmart launched efforts to purchase locally-grown produce in the U.S. This initiative can provide high-quality, low-priced produce while supporting farmers and the local economy. It also helps alleviate greenhouse gas emissions by reducing the number of miles the food must travel to reach the shelves.